

Scoil Thomáis, Laurel Lodge, Castleknock, Dublin 15

Relationships & Sexuality Education – 2018/2019



Dublin Schools Programme
Clonliffe Rd Dublin D03 P2E7.
Tel: 01 478 4400

RSE Programme for 6th Class Primary Schools

This is a three hour programme presented by trained facilitators to groups of young people in 6th class primary schools. The aims of the programme are:

- To give clear correct information about the changes that take place at this time of transition at a spiritual, intellectual, emotional and physical level.
- To assist the children in building healthy relationships
- To help the students develop a healthy positive attitude towards their emerging sexuality and to that of their fellow human beings.
- To help them to question what they see around them, and to discern between good and bad choices.

The objective is that by the end of the programme the children will have received clear, easily understood information on *all* aspects of growing up delivered in a safe respectful environment. That they should feel more comfortable about their approaching adolescence, will have been informed of all necessary, age appropriate facts and will have a deeper understanding of their uniqueness and self worth.

The programme is divided into three X one hour modules:

1st Module: Deals with the journey from childhood to adulthood and the changes that take place at a spiritual, intellectual and emotional level.

2nd Module: Examines the pressures that children can experience at this time in their development and helps with some skills to deal with these pressures
Physical changes will be discussed and conception and childbirth will be explained.

3rd Module: The children will get the opportunity to reflect on the day and ask questions. They will get the opportunity to write questions at this point to allow the quieter children to have an opportunity to ask a question that they may otherwise find difficult to ask.

We hope by the end of the day the children will have a more holistic view of the transition from childhood to adolescence and will feel more confident about the changes they will experience.

Anita Conlan, Accord Schools Programme

The areas covered by ACCORD Presenters will include:

- Intellectual development - decision making, understanding consequences of actions etc.
- Sexual and emotional development as appropriate to this age group. This will include discussion on relationships at an appropriate level including the spiritual aspect of relationships with others.
- The day is treated as confidential by the facilitators except where there is a concern for the safety or wellbeing of a pupil. If this arises the matter must be reported to the Designated Liaison Person in the school in accordance with DES Child Protection Guidelines.
- In accordance with Department of Education guidelines, teacher will be present with the class
- Pupils will be made aware of the above guidelines.