

Going Back to School

Let's Get Ready!



School is starting back. The teachers are really looking forward to seeing students again. They have been working hard to make sure that the school is safe for everyone.

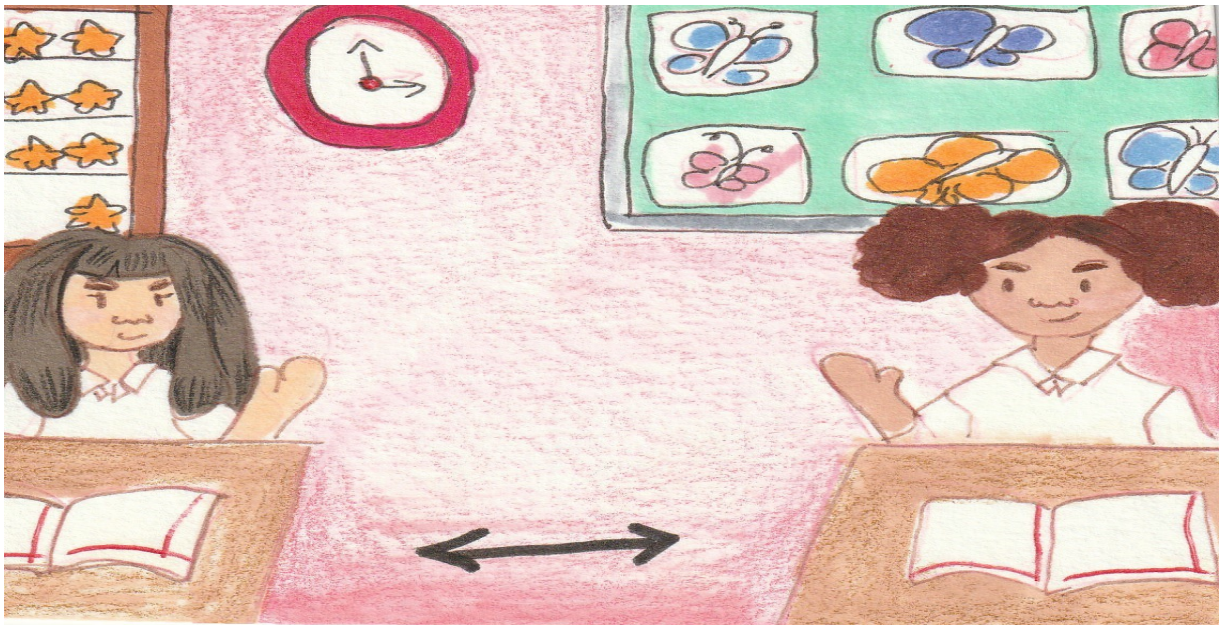
Now that we can go to school again, there are a number of things we can do to help keep ourselves and each other safe. Lots of things about our school and class will be the same. Some things about our school and class will be different. Some students might come back to school earlier than others.

How You Might be Feeling

Some children might feel a bit worried about going back to school. That's okay. If you feel worried, you can talk to your parents or teachers about it. Other children may feel the same. Remember, there are lots of things we can all do to keep safe by:

- Keeping space between everyone
- Washing our hands a lot
- Coughing or sneezing into our elbow or a tissue
- Following routines and rules in school

Things might feel a bit different at first but we can all help each other to follow the rules.



You may be worried about missing everyone at home. They will miss being with you too! We have been at home with our close family so it's normal that we might find this change a bit hard at first. Remember that in school you are with your friends and teachers and other people who care about you, like your principal.



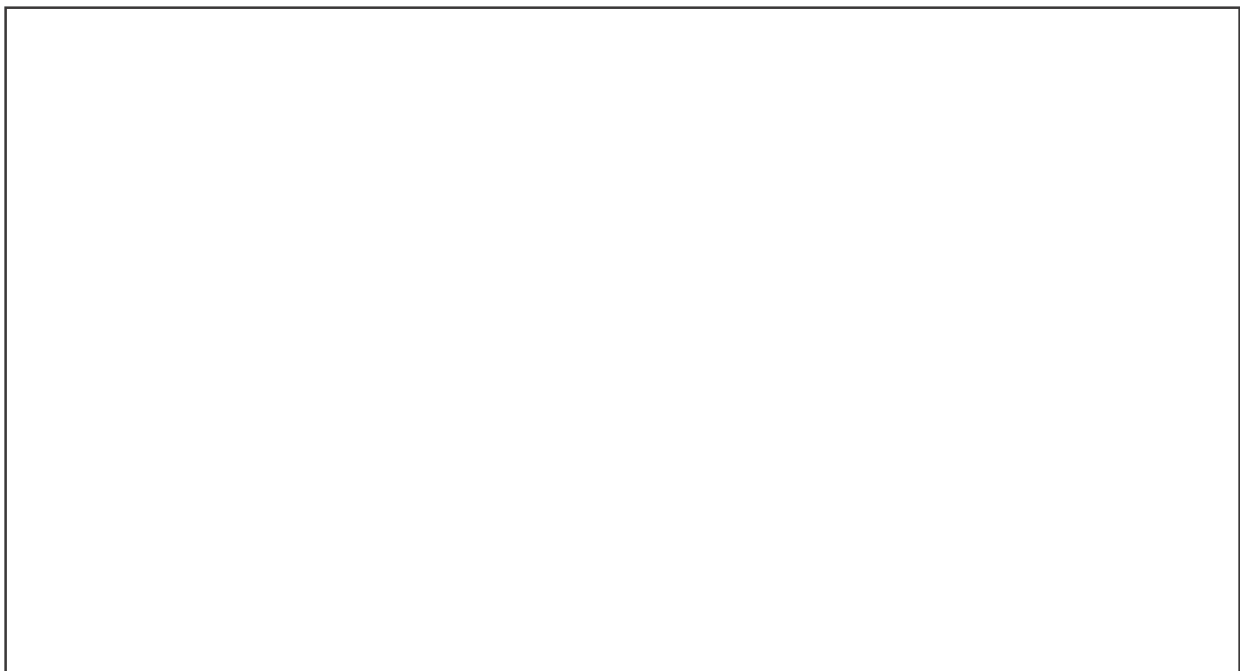
If you have any other worries who can you talk to?

- You could tell someone at home
- You could tell your teacher or principal your worries so that they can help you
- Whatever your worry, there is someone who cares about you and wants to help you

What can you do to help?

- It might take time for everyone to get used to the rules and that's okay.
- Think about all the things that you are looking forward to doing in school such as seeing your friends again and learning new things.
- If you are feeling worried, make sure to tell someone who cares for you so they can help.
- Look out for anyone who might need a friend or someone to play with.
- Remember that this is new for everyone and that everyone is trying their best.

What are the things you are looking forward to the most?



What things would you like your teacher to do when you get back to school?



Draw a Picture of You back at school!

