

Class level	Strand/Unit	Content objectives	RSE language to be taught at class level	Resource	Methodology
Third/Fourth Class	Strand Unit Taking Care of My Bodyunderstand the physical changes taking place in both the male and female body	3rd Class: Introduce terms 'hormones' chemicals which move around your body and cells pg.98. 4th Class: Introduce term 'Menstruation' using amended text pg. 199 NOTE: Menstruation will be explained in detail in 5th Class	RSE TEACHER BK – 3 rd Theme 8 – As I grow I change pg. 93-101 RSE TEACHER BK – 4 th Theme 8 – Growing and Changing pg. 195- 205	Information Lesson: Growing-Up pg. 97-98 The Growing and Changes I Have Done. Worksheet pg. 95-96 Class Round: Stages of Ages pg.99 RSE TEACHER BK Information Lesson: Growing Up pg. 198-199
	Strand Unit Growing & Changingrecognise and discuss how feelings and emotions are affected by the physical changes that take place at puberty* ..discuss the stages and sequence of development of the human baby, from conception to birth*	3rd Class: 3rd Class: Revise term 'womb' pg.73. Introduce terms 'umbilical cord' and 'navel/ belly button' pg. 73. 4th Class: Revise term 'womb,' Introduce terms 'egg,' 'lining (womb),' 'ready to be born.'	RSE TEACHER BK – 3 rd Theme 6 – PREPARING FOR NEW LIFE pg. 69-79 RSE TEACHER BK – 4 th Theme 6 – The Wonder of New Life pg.170-181 Sequence Activity Cards	RSE TEACHER BK 3 rd Class Information Lesson: Caring for Baby pg. 73 RSE TEACHER BK 4 th Class Information Lesson: Someone Special pg. 171 'A New Life Time-Line' pg. 172-178 (Sequencing Activity)
Fifth/Sixth Class	Strand Unit Taking Care of My Body	identify and discuss the <u>physical and other changes that occur in boys and girls with the onset of puberty</u> and understand that these take place at different rates for everyone understand the reproductive system of both male and female adults	5th & 6th Class Language to be taught to boys & girls : Puberty , Ovaries – Ovum, Fallopian tube Womb/Uterus, Cervix , Menstruation Puberty, Penis, Testicle, Scrotum, Sperm , Erection, Wet dreams	RSE TEACHER BK – 5 th Theme 6 – My Body Grows and Changes pg 84 – 89 RSE TEACHER BK – 5 th Theme 6 – My Body Grows and Changes pgs 85 – 88	RSE TEACHER BK – 5 th Information Lesson: p.84 My Body Grows and Changes 'Busy Bodies DVD' with questions from RSE TEACHER BK pg. 91 * Scoil Thomáis RSE Folder 'Busy Bodies DVD'
	Strand Unit Growing & Changingunderstand sexual intercourse, conception and birth within the context of a committed, loving relationship discuss and explore the responsibilities involved in being a parent and the emotional and physical maturity required to be a parent	5th & 6th Class Language to be taught to boys & girls : Sexual Intercourse, Conception, Ovum Fallopian Tubes, NOTE: Discussed in the context of a committed and loving relationship.	RSE TEACHER BK – 5 th Theme 7 – THE WONDER OF NEW LIFE pg. 95+ 96 RSE TEACHER BK – 5 th Theme 7 – THE WONDER OF NEW LIFE pg. 95, 97-98 RSE TEACHER BK – 6 th Theme 8 – A Baby is a Miracle pg. 212	Information Lesson: The Wonder of New Life RSE TEACHER BK – 5 th pg. 95-96 Story: 'Michael's Birth Day' with questions from RSE TCH BK 5 th pg. 97 RSE TEACHER BK – 6 th 'A Baby is a Miracle' p. 212 * Scoil Thomáis RSE Folder
	Update from May 2018 6th Class RSE lessons presented by ACCORD SCHOOLS PROGRAMME with Class Teacher present		Discuss the stages and sequence of the human baby in the womb	5th Class Content ← → Revise term <i>umbical cord</i> * (p.107) 6th Class Content ← →	RSE TEACHER BK – 5 th Theme 8 - Caring for New Life pg. 106-110 RSE TEACHER BK – 6 th Theme 8 – A Baby is a Miracle pg. 213 - 215